

## Summer Training Camp

**June 19<sup>th</sup> – June 20<sup>th</sup>, 2010**

The JKA of Bethlehem Summer Camp is held at the Harmon Farm just 75 miles west of Albany, 5 miles outside of Cooperstown.

### **Arrival Time:**

You are welcome to arrive on Friday afternoon, anytime after 2PM, to set up your tent and camping area.

### **Training Schedule:**

#### **Saturday June 19<sup>th</sup>**

10:00 AM to 11:30 PM  
3PM to 4:30PM

#### **Sunday June 20<sup>th</sup>**

9:00AM to 10:30 AM

A \$10.00 minimum cash donation is requested to offset the cost associated with hosting this camp.



2009 Camp Participants

Please RSVP via email [shotokan.dojo@yahoo.com](mailto:shotokan.dojo@yahoo.com).



## *The Japan Karate Association of Bethlehem*

### **Directions to Camp:**

2017 County Highway 26 Fly Creek, NY 13337 (607-547-9679)

### **From: Thruway**

1. Take exit 25A to merge onto I-88 W toward NY-7/Schenectady/Binghamton
2. Take exit 24 toward NY-7/US-20/Duanesburg go 0.3 mi
3. At the end of the exit ramp turn right, then left at the T with Rt-7. Continue past the Mobil Station to the intersection with US-20
4. Turn right onto US-20, continue for 44 miles. Be careful of speed. The speed limit is 55, in several town it falls to 45, and in Sharon Springs to 30. Just before East Springfield is a long downhill section with speed patrol on the weekends.
5. Turn left at Allen Lake Rd/CR-27. If you pass the Fountain View Motel on the right you have just missed the turn.
6. Continue 2.1 miles to a T with CR-26, turn right.
7. Proceed 4.6 miles. At about 4.0 miles you will be going up a small hill and on the on the left you will pass a seasonal road: Tanner Hill road, then proceed down the hill you will pass a double wide trailer on the left. The Harmon farm is the next property. On the right is a small red farm house mail box number 2017. The barns and camping area are on the left. The phone number is 607-547-9679.

## **Camp Facilities**

- **PARKING:**

Rt. 26 cuts the middle of the farm. On the east side are barns, a pond, and a hiking trail to a waterfall, on the west side is the farm house and hay fields. We will be using the east side of the farm. There is a blue barn on the northeast corner, it has a large field behind it. There are two access roads and a track around the barn and its field. This is where we will park.

- **TENTS:**

The dojo is in the blue barn and people can sleep there. Also there are several grass areas over the property that are flat enough for tenting. The bank around the pond is wide enough at several points for tenting also. We have several extra tents and air mattresses that people are welcome to use. The pond area is well lit at night.

- **FOOD and BEVERAGES:**

There is a refrigerator in a barn next to the pond. We will have a supply of ice cubes to refresh coolers. There is a gas grill for barbecue. Food supplies are available at the local Price Chopper in Richfield Springs (8 miles west of the farm on Rt. 20)) for those who want.

- **SWIMMING:**

The pond is safe for swimming. It is 18' feet deep at the max. It has a graded bank on the north side for easy access, there are two docks, and two zip lines connecting them. For kids, of course, be sure that an adult is supervising. There are short kayaks, tubes, life jackets, and a water trampoline. There are two water fountains, one is in the pond and must be off when swimmers are in the water, and the other is on the dock and can be on with swimmers in the water.

- **TOILETS and SHOWERS:**

There are two showers and 3 toilets in the barn where the dojo is located.

- **PHONE:**

There is land line phone in the barn next to the pond. The number is 607-547-9679. Cell phones do not work at the farm

- INTERNET ACCESS:

Thee Cooperstown Library, is has a free WiFi hot-spot available 24/7 from the parking lot.

- WALKING TRAILS:

There are two. On the east side there is a forested hill, with a seasonal waterfall. It runs in the summer, but has full flow in the early spring. The trail is about 1/4/ mile one way. On the west side is a hay field and just beyond that is Fly Creek. Its about 1/2 mile one way.

- CAMP FIRE:

We will have a camp fire and S'mores, starting about 9:00 pm. There is a big fire pit next to the pond with lots of wood. The pond will be illuminated in the background, and the water fountain will be running.

- BOCCE:

There is a regulation size bocce court next to the pond





## *The Japan Karate Association of Bethlehem*

If you are looking for things to do in your “down time” while at our Summer Training Camp, or are maybe looking for a place to have a sit down meal, please see below:

### **PLACES TO EAT**

The Doubleday Café  
93 Main Street  
Cooperstown, NY 13326  
(607)547-5468  
*Inexpensive, Hours: 7am-9 or 10 pm everyday*

Fly Creek General Store  
6212 St Hwy 28 (corner of Rts 28 & 26)  
Fly Creek, NY 13337  
(607)547-7274  
*Deli style, lunch & breakfast, 4 tables and  
takeout.  
Hours: 6am to 7 pm M-Sat; 7 am -3 pm Sun.*

[Villa Isidoro](#)  
3941 St Hwy 20  
Richfield Springs, NY 13439  
(315)858-3500  
*Lovingly restored full service restaurant and  
luxurious B&B with an old world feeling.  
(Inexpensive, excellent bar area, and moderate  
priced dinner menu)*

K Cs Corner Restaurant  
Route 20,  
East Springfield, NY 13333  
(607) 264-9392  
*Sensei recommends the breakfast menu*

New York Pizzeria (2 locations)  
37 W Main St  
Richfield Springs, NY 13439  
(315) 858-0405

75 Chestnut Street  
Cooperstown, NY 13326  
(607)547-2930.

### **ICE CREAM:**

Tunncliffe Creamery  
4463 Us Highway 20,  
Richfield Springs, NY 13439  
(315) 858-1228

### **PLACES TO VISIT**

[Brewery Ommegang](#)  
656 Co Rte 33  
(800)544-1809  
*Open for tours seven days a week except for  
select holidays. From the end of May until early  
September visit from 11am until 6pm.*

[Cooperstown Brewing Company](#)  
River Street, P.O. Box 276  
Milford, NY 13807  
Telephone 607-286-9330

[Fly Creek Cider Mill and Orchard](#)  
288 Goose Street  
Fly Creek, NY 13337  
(800)505-6455  
*Explore the Mill's gourmet food marketplace  
with 40 daily tastings of salsas, cheeses and  
fudge plus wines and hard ciders. Witness cider  
making in the authentic 1856 water-powered  
Mill. Family Fun!*

[National Baseball Hall of Fame and Museum](#)  
25 Main Street  
(888)425-5633